

7:00-7:10 Catch up new people

7:10-7:15 Warm-up

7:15-7:25

Review:

- Skip Change via leading down the middle and up
- stepping up and down
- turning
- hands across

7:25-7:40

Step Practice: Skip Change-forward and backward

Maintain foot positions even when going backward

Hold hands when moving next to someone

STAND UP STRAIGHT!!!

7:40-7:45 Water

7:45-8:15

Figure: Advance and Retire

4 skip change of steps, 2 forward and 2 backward

Stand up straight

Look at the person in front of you

Hold hands with adjacent dancing people

Figure: Back to Back

4 skip change of step

BIG STEP, little step, little step, BIG STEP

Feet cross so that you can close in front and so that you can go right, left, right, left

Don't take hands

THE MAD HATTER (J8x32) 3C (4C Set)

I Boyd Happy to Meet

1- 8 1s dance down below 3s, cast up to 2nd place, dance up between 2s & cast to 2nd place own side

9-16 1s Advance+Retire with 1st corners & dance DoSiDo with 1st corners

17-24 1s repeat with 2nd corners

25-32 2s+1s+3s circle 6H round & back

AND FOR THE YOUNG ONES (J4x32) Sq.Set

Anne Dejean RSCDS Bk 51

1- 8 All join hands in a circle & Adv+Ret twice

9-16 All turn partner RH, turn partner LH

17-24 All join 2H with partner & slip step towards centre (2 bars), clap x4, slip step back, clap x4

25-32 All dance DoSiDo with partner; Ladies dance clockwise, Men anticlockwise 1/4 round, passing partner & 1 more dancer RSh (ie Ladies on outside, Men inside)

8:15-8:20 Water

8:20-8:35

Step Practice: Slip Step

On toes

Stand up straight

Elbows down

Second-first-second first

Remember to stop/Count with music

Figure Practice

Slip Down the Middle and UP

Hands at shoulder height, slightly outside of shoulders

Stand up straight, look at your partner or where you are going
Don't forget to stop

THE HAPPY MEETING* (J8x32) 2C (4C set)

RSCDS Bk 29

- 1- 8 1M+2L cross passing RSh, dance LSh round partner, pass RSh up/down & dance RSh round standing Man/Lady (1M round 2M, 2L round 1L)
9-16 1L+2M cross passing LSh, dance RSh round partner, pass LSh up/down & dance LSh round standing Man/Lady (2M round 1M, 1L round 2L)
17-24 1s dance 4 slip step down middle, set to each other, slip step up to top & cast to 2nd place
25-32 2s+1s Adv+Ret clapping on bar 28 & turn partners RH
*We will omit the setting tonight

8:35-8:50

Figure Practice

Circle

Firm arms
Remember to stop/Count with music

JOHNNY GROAT'S HOUSE* (R8x32) 3C (4C set)

Rutherford RSCDS Bk 18

- 1- 8 1s slip step down for 4 steps & back, cast to 2nd places & meet in centre 2H
9-16 1s repeat ending in 3rd places
17-24 2s+3s+1s circle 6H round & back
25-32* 1s lead up to top, set & cast to 2nd places
*We will omit the setting tonight

8:50-9:00 Water and Cool Down

Extra Credit:

Figure: Figure of 8

Practice in a circle-Phrasing
In a set-show different orientations ending with the one for the dance
Practice fig 8 in the dance

Whirlpool (J2x64) Sq.Set

J Behmke

- 1- 8 Ladies dance LSh around partners and then RSh around corners
9-16 Men dance RSh around partners and then LSh around Corners
17-32 1s & 3s turn partners RH 1¼ times, Men followed by partners dance out between side couples, dance full figure of eight (to the left to begin) returning to place, turn partner LH1 ¼ times to original places
33-48 2s & 4s repeat bars 17-32
49-56 All advance and retire, all advance, twirl the ladies under joined hands
57-64 All circle 8H round & back increasing size of circle until in original psts
Repeat with side couples beginning at bar 17