

- 3-4 1st man and 3rd woman, giving left hands, change places diagonally. 1st and 2nd women, giving left hands, change places on the sidelines. 2nd and 3rd men, giving left hands, change places on the sidelines.
- 5-6 All three couples, giving right hands to the dancer opposite, cross over to change sides.
- 7-8 2nd couple, giving left hands, change places diagonally. 1st and 3rd couples, giving left hands, change places with partner on the sidelines.
- 9-10 All three couples giving right hands to the dancer opposite, cross over to change sides.
- 11-12 3rd man and 1st woman, giving left hands, change places diagonally. 2nd and 1st men, giving left hands, change places on the sidelines. 3rd and 2nd women, giving left hands, change places on the sidelines. At the end of bar 12, 3rd woman, and in some dances, 1st man, pull back by the left (polite turn). All three couples are now in their original places.

Example: *Johnnie's Welcome Hame*, Book 32.1

6.27 The rondel

This formation is a method of progression usually in strathspey time. It is danced by two couples. It begins in the middle of the set, 1st couple facing down and 2nd couple facing up, nearer hands joined.

Steps: 8 travelling steps

No. of bars: 8

Bars

- 1 1st couple dance down through the arch made by 2nd couple who dance up.
- 2 Each man crosses his partner in front of him and all dance in a curve towards the opposite side.
- 3 Both women dance to meet each other and join nearer hands on the men's side as the men do the same on the women's side. They face their partner across the set.
- 4 All cross to their own side. The women, retaining nearer hands, dance through the arch made by the men.
- 5 2nd couple cross 1st couple in front of them. 1st couple dance up and 2nd couple dance down.
- 6 Both couples dance in a curve to meet partners, 1st couple facing down and 2nd couple facing up, with nearer hands joined.
- 7 1st couple dance down through the arch made by 2nd couple who dance up.
- 8 Both couples dance out to own sides, having changed places.